

Welcome to this edition of *Because of You*. We are excited to share the latest news, and most of all, we want to share the impact that our amazing donors – like you – are making every day in helping to support health care close to home. To begin, here's an update on one of the latest pieces of equipment to arrive at Winchester District Memorial Hospital - thanks to you!

#### All the Bells and Whistles

Over the past few years, the WDMH Foundation has been working with generous donors to raise funds for a new digital mammography machine at Winchester District Memorial Hospital. And we have good news – our patients are now benefiting from this new technology.

"We started long ago as we wanted to ensure that by the time the old one was ready to be taken out of service, that we would have all, or the majority of, the funds raised. And we just made it thanks to you," explains Managing Director Kristen Casselman. "Thank you to our amazing donors for investing in the health of your community!"

The new machine offers a bit more comfort for patients through new design features and faster image-taking. For some patients, specialized scans may reduce the need for a biopsy. The procedure room was also renovated to create more space for patients.

The cost of the new machine was \$506,493.81. Our donors generously gave \$372,000 directly to our Digital Mammography Fund, with the balance being paid with funds given to our General Equipment Fund.

"We would just like to add our thanks to the donors for their contributions for this machine. The upgrade was much needed and has greatly helped our workflow and provided us the ability to provide a higher standard of care to the community," sums up Clinical Manager Katie Robertson.

#### **Wish Tree Wow!**

The final tally is in! We are pleased to share that this year's Judy Lannin Christmas Wish Tree was overflowing with beautiful ornaments during the festive season, thanks to our wonderful donors. More than \$56,000 was raised for the WDMH Foundation's Family Care Fund – to support families just like yours. We are so grateful for everyone's support of this special annual tradition.



Technologist Nathalie Rouleau (right) with Foundation Managing Director Kristen Casselman, beside the new Digital Mammography machine.



Thank you for caring!

# MAKING A DIFFERENCE

Big or small, every community event makes an impact and we are so grateful.

Contact Justine Plummer at 613-774-2422 ext. 6172 or jplummer@wdmh.on.ca to learn more.

Generous donors are keeping the babies in the Family Birthing Unit warm and cozy – with beautiful hats and quilts. Thank you to **Martina Gibson** who taught herself to knit during the pandemic and hasn't stopped. She gave a basket of pink and blue hats for newborns. And thank you to an artistic **group of friends** led by Marie-Claire Ivanski who provided 52 quilts for families to bring home with their baby.





It isn't the festive season without the Morrisburg & District Arts & Crafts Association's annual craft show. And once again this year, they didn't disappoint – raising \$200 for the WDMH Foundation's General Equipment Fund. The association has raised more than \$10,000 for the WDMH Foundation since 1998.





When **Tom Clapp** turned 80, he had a plan. As a 10-year plus cancer survivor, Tom wanted to give back to his community. So he created Tom's Bucket Run, gathered a team and participated in the 5K Tamarack Ottawa Race Weekend. Along the way, they raised \$12,875.63 for the WDMH Foundation's Cancer Care Navigator Fund! Wow!



# Have you met Dunwin?

Dunwin is the newest member of the WDMH Foundation team and Dunwin likes to be out and about in the community. If you're thinking about hosting a fundraising event in support of WDMH or Dundas Manor Long-Term Care Home, Dunwin wants to hear about it!

Over the years, we've benefited from garage sales, bake sales, golf tournaments, craft sales, duck races, and many, many things in between. Some events happen only once, and others have been taking place for more than 20 years. We'd love to chat with you about your ideas and introduce you to Dunwin. All gifts from community hosted events matter and make a significant impact in our community.

The WDMH Foundation team has developed several resources to support organizers of community hosted events, including a handbook. We're here to help every step of the way.

For more details, visit https:// www.wdmhfoundation.ca/ fundraiseforWDMH

or https://dundasmanordream.ca/give/host-a-fundraising-event/.

To chat about fundraising events for WDMH, please contact Justine Plummer at 613-774-2422 ext. 6172 or jplummer@wdmh.on.ca.

To chat about fundraising events for Dundas Manor, please contact Cindy Ault Peters at 343-572-6345 or cpeters@wdmh.on.ca.

## **Hockey Night in Winchester**

From the ceremonial puck drop to the final minute of play, the WDMH Foundation's first-ever NHL Alumni Hockey Game was a fun night for former NHL players, local hockey players who played alongside them and families who came to watch the game. And when it was over, \$84,169.75 was raised for the WDMH Foundation's General Equipment Fund. What a night!

"They laced up and hit the ice – and everyone had fun," noted Justine Plummer, Manager of Direct Mail & Events. "Thank you to the players who raised funds, our sponsors and volunteers, and everyone who came to the game."





**Mustard's Variety** in Iroquois celebrated 35 years in business in January and owners Jim and Jan have been busy doing what they always do – giving back to the local community. They recently presented cheques to seven different charities, including \$500 to the WDMH Foundation's Family Care Fund and \$500 to the Dundas Manor campaign.





The Winchester Chapter 310 Order of the Eastern Star has been supporting local charities and causes since 1961. The local chapter recently closed but made a final impact on health care close to home. Members presented two donations to the WDMH Foundation - \$700 for the WDMH Cancer Care Fund and \$2,950 for the new Dundas Manor campaign.



Last fall, the **Winchester Hawks** took to the ice decked out in pink and ready to raise funds for the Cancer Care Unit at WDMH. And they did! By the end of the game, \$500 had been donated!



The Independent Order of Odd Fellows is committed to helping others. And the South Mountain Lodge #428 certainly has! Local members recently stopped by the WDMH Foundation office to present a cheque for \$500. To date, this community service club has donated \$2,125 to support health care close to home.



# Expanding the circle of compassionate care

LET'S BUILD THE NEW DUNDAS MANOR

#### Shovels in the Ground

It was both work and play as dozens of residents, families, staff, donors, neighbours and community members came together at the official groundbreaking ceremony for the new Dundas Manor in December.

"No fancy, shiny shovels for us," noted Dundas Manor Board Chair Lisa Little. "Our community is made up of hard-working, practical and caring people – so we brought our own! Everyone has a part to play in the building of the new Dundas Manor!"

And more good news! Frecon Construction – a local construction company based in Russell – has been awarded the contract to build the new home. It will take approximately two years to complete.









We are so grateful to everyone who has played a part in getting us to this significant milestone.



Thank you! Our amazing community just keeps on giving – helping to build a new, larger, safe Dundas Manor. In fact, more than \$12.5 million has been donated so far.



# **Making Magic!**

We are grateful to the many donors who are supporting the Dundas Manor campaign. Here are just two wonderful examples.

At the WDMH Foundation, we love it when donors get creative. And the **Dundas Soil and Crop Improvement Association** certainly did! The Board asked its members to consider donating the value of one ton of corn – or more – to help build the new Dundas Manor. And many agreed. At its Annual General Meeting, the Board presented a cheque for \$41,320 to the campaign.

For more campaign stories, please visit www.dundasmanordream.ca

she wanted only the best for her. She says her Mom's final three years at Dundas Manor made that possible. Brenda's Mom passed in 2012 and her last outing was strawberry picking. "Mom casually mentioned that she would like to go strawberry picking one day," remembers Brenda. "The team at the Manor made it happen and off she went. She was 96 and her last years were happy ones. What more could a daughter ask for her Mom?"

"Giving a donation to help build the new Dundas Manor was easy for me," says Brenda. "What better way to say thank you again for loving my Mom in her final years; for bringing me peace of mind; and for bringing both of us much joy?" Thank you, Brenda!



# Grateful for the past and planning for the future of care. Thank you, Legacy Donors

Each year, compassionate people in our community think of others by leaving a legacy gift to the WDMH Foundation to support Winchester District Memorial Hospital and/or Dundas Manor Long-Term Care Home. Legacy donors are an important part of how our community helps to provide excellent health care close to home.

These special gifts can be a way to say 'thank you' for the care Winchester District Memorial Hospital and/or Dundas Manor has provided to you, your family, and to your community.

Past legacy donors have helped shape Winchester District Memorial Hospital into what it is today. And future legacy gifts will continue to help provide care close to home for generations to come.

Legacy gifts will help ensure that Dundas Manor will be able to continue to provide the best care possible for its residents. The needs of individuals in this stage of their life – and their families – are always changing. Dundas Manor wants to meet those future needs – and legacy gifts will help this care continue for our community.

"We are grateful for legacy gifts and thank all WDMH Foundation legacy donors for their compassionate dedication to local health care and our community – now and for the future", notes Kristen Casselman, Managing Director of the WDMH Foundation.

"Our community is fortunate to have Winchester District Memorial Hospital and Dundas Manor here for us, our family, friends, and neighbours. Through legacy giving, we can support care for future generations. It is a legacy of caring close to home. Thank you, legacy donors!" adds Erin Kapcala, Manager of Major and Planned Giving.

To learn more about legacy giving to support Winchester District Memorial Hospital and/or Dundas Manor, please contact Erin Kapcala at 613-292-7468 or ekapcala@wdmh.on.ca

## **Community. Care. Close to Home.**



# **Neighbourhood News**

The WDMH Foundation is proud to be part of a caring community of health partners. Together with Winchester District Memorial Hospital, Dundas Manor Long-Term Care Home, and the Community Care Building, we are providing health care close to home for our local communities – from babies to seniors. And our local communities support us every step of the way. Here are some updates from our neighbours!

# Oh Baby!

WINCHESTER DISTRICT MEMORIAL HOSPITAL'S

## 75th Birthday Virtual Baby Shower!

Winchester District Memorial Hospital wrapped up its 75th birthday celebrations with a Virtual Baby Shower and our community joined the party! More than 350 submitted pictures of WDMH babies, along with wonderful stories and memories.

"Thank you to everyone who has joined in the virtual baby shower. It's been a wonderful walk down memory lane," notes CEO Cholly Boland. "Over the past seven decades, thousands of babies have taken their first breath at the hospital. And the WDMH team has been honoured to be part of these special moments for families in our local communities. And we are just getting started!"





Check out the full
Virtual Baby Shower gallery at
www.wdmh.on.ca/virtualbabyshower







# 29 Smiles in 29 Days!

Dundas Manor has been having some Facebook fun in February with 29 Smiles in 29 Days for \$29! Each day, a new Facebook post profiles a smiling Dundas Manor resident. The goal is to encourage others to smile too and consider donating \$29 to the new Dundas Manor campaign – for 29 days of smiles. Check out all the smiles at https://www.facebook.com/DundasManorWinchester.



#### **Save the Date!**

The Grand Parade is back! Our community will once again be walking the streets of Winchester and having fun – while raising funds for the new Dundas Manor. Please mark your calendar for Saturday, September 21st. More details coming soon!

### **Thank You to our Sponsors**

Our community partners support fundraising efforts by sponsoring our key events and programs. By doing so, they make an incredible difference. When you support these local businesses, please keep their generosity and community spirit in mind and let the staff know that you appreciate their support of your local hospital and long-term care home.

Thank you to our most recent sponsors!



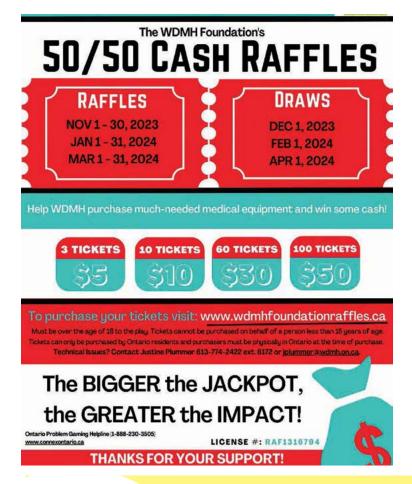






### **Get Your Tickets!**

The WDMH Foundation's 50/50 Raffles continue with a March raffle that runs from March 1st to 31st. The draw takes place on April 1st – and that's no joke! The bigger the jackpot, the greater the impact for the WDMH Foundation's General Equipment Fund. To get your tickets, visit www.wdmhfoundationraffles.ca. Good luck and thanks for your support!



## **Check Your Cheque**

We have a little favour to ask. No matter how you wish your gift to be used at WDMH or Dundas Manor, please make your cheque payable to "WDMH Foundation". You can then include details on the gift on the memo line of your cheque. If you need to share more information, please include a note with your cheque. Thank you so much for your support!

#### Correct Example #1



#### Correct Example #2



#### Correct Example #3





### **A Great Idea**

Did you know that you can make a greater impact by helping our Foundation staff do their job?

We can provide you with a consolidated receipt (as opposed to a receipt for each gift you give) at the end of each year. This means less paperwork for you and you don't have to keep track of your receipts all year long. Plus, the Foundation saves money on postage and stationery costs.

Please call 613-774-2422 ext. 6162 to request a consolidated receipt. Thank you for everything you do to support health care close to home!

#### We'd love to keep in touch!

You can help today by volunteering, hosting a fundraising event, or making a donation. Whatever you would like to do, we'd love to chat. Thank you!

Visit our website to sign up for an online version of this newsletter!



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